

The **SPRINGFIT** Invitational

BEAM GYMNASTICS COMPETITION

RESULTS

Saturday 13th July 2013

Oakwood Sports Centre, Horley

Beam Competition commences 3:00pm

JUDGING TARIFFS:

BEAM ROUTINE will consist of a minimum of 8 elements consisting of turns, jumps/leaps, balance and tumble moves plus a mount and dismount which are also scored. Gymnasts must use the whole beam and travel the length of it at least three times. Two jumps/leaps must be linked, two turns must be performed; one high and one low.

Marked out of 10. Comprising:

4.00 - Content (0.5 for each move)

4.00 - Execution (0.5 for each move)

2.00 – Bonus – 1.2 for performing minimum of 10 specified moves,

0.8 for overall performance virtuosity (includes attitude, rhythm, confidence, variation) and dismounts.

TIME LIMIT is 1½ minutes. Music is optional.

Time starts upon first contact of the beam.

Girls - Dance moves/linking moves/different types of walking should be used to show variety and originality.

Boys – dance steps not necessary but moves should still be linked.

Points will be deducted for adjusting your hair or clothing.

Intermediate Level

(DOB 2003 - 2006)

Score

Ruby Huddlestone	SPRINGFIT—Oriel	2003	—	
Abbie Drake	POINTERS	2001	7.40	
Lucy Gutteridge	POINTERS	2001	7.65	2nd
Caitlin McTighe	POINTERS	2006	7.90	1st
Shannon Devenney	SPRINGFIT—Oakwood	2003	—	
Emily Edwards	POINTERS	2004	7.50	
Ava Clarke	POINTERS	2006	—	

Advanced Level

Score

Lily Fairhall	POINTERS	1998	8.55	2nd
Eloise North	POINTERS	2006	6.70	
Carina Sosteric	POINTERS	2001	7.75	
Katie Rogers	POINTERS	2002	9.30	1st
Holly Mitchell	POINTERS	2003	8.25	3rd

In categories with less than 5 competitors, there will be fewer podium placings for fairness and a minimum score of 13 must be achieved to earn a winners medal.

Full results will be made available on www.springfit.org following the event.

The **SPRINGFIT** Invitational

TRAMPETTE GYMNASTICS COMPETITION

RESULTS

Saturday 13th July 2013

Oakwood Sports Centre, Horley

Trampette Competition commences 3:30pm

JUDGING TARIFFS:

Consisting of 4 set jumps grouped according to difficulty grade. All jumps must be performed.

Five elements of each jump are scored, each with a form deduction potential of one whole mark:

Take off, Flight on, Contact phase, Flight off and Landing.

Grade 1:

- Straight Jump
- Tuck Jump
- Straddle Jump
- Pike Jump

Grade 2:

- Straddle Jump
- Pike Jump
- Half Turn Jump
- Full Turn Jump

Grade 3:

- Half Turn Jump
- Full Turn jump
- Dive Forward Roll
- Front Somersault (tucked)

Grade 4:

- Dive Forward Roll
- Front Somersault (tucked)
- Front Somersault (piked)
- Barani (tucked)

Grade 5:

- Front Somersault (piked)
- Barani (tucked)
- Barani (piked)
- Full twisting front somersault (straight)

Grade 1

			Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	
Alice Dunstan	SPRINGFIT - Oakwood	2000	2.95	2.75	1.95	2.45	10.10	
Emma Burrige	SPRINGFIT - Oakwood	2005	1.55	2.70	2.50	2.35	9.10	
Joe Wright	SPRINGFIT - Oakwood	2005	2.40	2.15	2.45	2.45	9.45	
Isabella Gair	SPRINGFIT - Oriel	2005	3.00	2.55	2.95	2.95	11.45	3rd
Joseph Mountain	SPRINGFIT - Oakwood	2007	2.70	2.75	2.80	2.80	11.05	
Jessica Ford	SPRINGFIT - Oakwood	2006	2.90	2.90	2.20	2.20	10.20	
Emma Allatt-File	SPRINGFIT - Oakwood	2006	2.15	2.55	1.75	1.75	8.20	
Jasmine Saunders	SPRINGFIT - Jubilee Centre	2003	2.85	3.00	3.20	3.20	12.25	1st
Izzy Saunders	SPRINGFIT - Jubilee Centre	2005	2.55	2.50	2.55	2.55	10.15	
Callie Smith	SPRINGFIT - Oakwood	2004	3.00	2.20	2.80	2.80	10.80	
Emily Edwards	POINTERS	2004						
Sam Dolan	SPRINGFIT - St Bede's	2005	2.15	2.20	2.20	2.20	8.75	
Molly Mcgovern	SPRINGFIT - Oakwood	2003	2.85	2.50	3.40	3.40	12.15	2nd
Harrison Barker	SPRINGFIT - Oakwood	2005	2.10	1.90	2.75	2.75	9.50	

Grade 2

(DOB 2000 - 2003)

Name	Club	DOB
George Jones	SPRINGFIT - Oakwood	2003
Hanna Baban	POINTERS	2000
Amy Smith	SPRINGFIT - Jubilee	2003
Caitlin Ford	SPRINGFIT - Oakwood	2002
Kira Harris	SPRINGFIT - Oakwood	2002
Chloe Lamy	SPRINGFIT - Oakwood	2000
Shannon Devenney	SPRINGFIT - Oakwood	2003

Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	Placing
2.35	2.45	2.65	2.95	10.40	
2.50	2.95	2.45	2.90	10.80	3rd
2.85	2.55	2.60	2.60	10.60	
2.70	3.05	2.60	2.65	11.00	2nd
1.65	2.50	2.70	2.55	9.40	
2.85	2.75	2.75	2.90	11.25	1st
2.60	2.80	2.95	2.20	10.55	

Grade 2

(DOB 2005 - 2006)

Name	Club	DOB
Rachel Gardiner	SPRINGFIT - Oakwood	2005
Aimee Stepney	SPRINGFIT - Oriel	2005
Emily Marti-Cornish	SPRINGFIT - Oakwood	2005
Aimee Stepney	SPRINGFIT - Oriel	2005
Eloise North	POINTERS	2006
Abigail Guest	SPRINGFIT - Oriel	2005

Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	Placing
2.45	2.80	2.15	2.45	9.85	
1.85	2.55	2.45	1.45	8.30	
2.70	3.00	2.55	3.10	11.35	1st
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2.10	2.95	2.70	2.60	10.35	3rd
3.00	2.75	2.55	2.15	10.45	2nd

Grade 3

Name	Club	DOB
Kieran Hart	SPRINGFIT - Oakwood	2003
Ruby Huddleston	Oriel school	2003
Joe Stapleton	SPRINGFIT - St Bede's	2004
Ellie Grant	POINTERS	2001
Ellie Porter	SPRINGFIT - Oakwood	2005
Katie Rogers	POINTERS	2002
Jack Ashton	SPRINGFIT - St Bede's	2004
Holly Mitchell	POINTERS	2003
Carina Sosteric	POINTERS	2001

Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	Placing
2.80	2.90	2.55	2.75	11.00	2nd=
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2.55	1.90	2.55	2.70	9.70	
2.75	2.60	2.95	2.65	10.95	3rd
3.10	2.15	2.30	2.40	9.95	
2.35	2.70	2.95	3.00	11.00	2nd=
2.75	2.35	3.05	2.95	11.10	1st
2.75	2.35	3.10	2.60	10.80	
2.35	2.40	2.15	1.85	8.75	

Grade 4

Name	Club	DOB
Zara Flint	SPRINGFIT - Oriel	2000
Kirsty Chapman	SPRINGFIT - Oakwood	2001
Lily Fairhall	POINTERS	1998
Abbie James	SPRINGFIT - Oakwood	2002
Matthew Evans	SPRINGFIT - St Bede's	2005
Ingrid Tiba	SPRINGFIT - Oriel	2000
Jacob Mizon	SPRINGFIT - St Bede's	2004

Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	Placing
3.20	3.10	3.55	3.15	13.00	2nd
2.50	1.60	2.80	2.80	9.70	
3.05	3.30	3.25	3.05	12.65	3rd
3.10	3.25	3.30	2.75	12.40	
2.55	2.70	2.85	2.90	11.00	
2.75	3.70	3.30	3.30	13.05	1st
2.90	3.20	3.20	3.05	12.35	

Grade 5

Name	Club	DOB
Lucy Pidgeon	SPRINGFIT - Oriel	2001
Katie Pidgeon	SPRINGFIT - Oriel	1997

Jump 1	Jump 2	Jump 3	Jump 4	TOTAL	Placing
3.20	3.60	3.30	3.30	13.40	2nd
3.45	3.50	3.40	3.45	13.80	1st

In categories with less than 5 competitors, there will be fewer podium placings for fairness and a minimum score of 13 (16 for grade 6) must be achieved to earn a winners medal.

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