

Saturn V

INTER CLUB FLOOR AND VAULT COMPETITION

De Stafford

Sunday 14th June 2009

RESULTS

<u>Up to 9 years</u>		<u>Individual Floor</u>	<u>Vault</u>	<u>Total</u>
Maxine Coldrey	SPRINGFIT	8.15	6.90	15.05 1 st
Hannah Bagley	SPRINGFIT	6.40	7.90	14.30 2 nd
Stacey Connor	SPRINGFIT	5.35	6.30	11.65
Carla Stoica	POINTERS	6.00	7.75	13.75
Jordan Bannister	POINTERS	5.20	6.25	11.45
Zara Flint	SPRINGFIT	6.70	7.10	13.80
Lucy Sumner	POINTERS	-----	-----	-----
Phoebe Paton	POINTERS	5.85	7.90	13.75
Georgia McKay	POINTERS	4.90	7.60	12.50
Lucy Parker	SPRINGFIT	5.50	7.05	12.55
Kaitlyn Galvin	POINTERS	5.25	7.05	12.30
Emma French	POINTERS	5.50	7.70	13.20
Jessica Lawes	POINTERS	6.85	7.40	14.25 3 rd
Hannah Chisholm	SPRINGFIT	-----	-----	-----

<u>10 years plus</u>		<u>Individual Floor</u>	<u>Vault</u>	<u>Total</u>
Rachna Patel	SPRINGFIT	6.30	8.15	14.45 3 rd
Megan Smith	SPRINGFIT	5.05	7.30	12.35
Daisy Roadnight	POINTERS	7.15	7.75	14.90 2 nd
Megan Davies	POINTERS	6.05	8.35	14.40
Alexandra Stoica	POINTERS	6.25	7.85	14.10
Corinna Toime	SPRINGFIT	6.35	7.90	14.25
Zoe Burcombe	POINTERS	-----	-----	-----
Lauran White	SPRINGFIT	6.00	7.50	13.50
Dominic Montgomery	POINTERS	6.70	8.25	14.95 1 st

<u>Over 1 session training</u>		<u>Individual Floor</u>	<u>Vault</u>	<u>Total</u>
Francesca Bagley	SPRINGFIT	6.70	7.90	14.60
Rachael Marklew	SPRINGFIT	5.90	7.95	13.85
Amber Clifton	SPRINGFIT	6.80	8.65	15.45 2 nd
Harri Nichols	SPRINGFIT	7.55	8.85	16.40 1 st
Abbie Clifton	SPRINGFIT	7.45	7.50	14.95 3 rd

FLOOR ROUTINE will consist of 10 elements consisting of forward, backward and sideways moves, jumps and balances.

TIME LIMIT is 1½ minutes. Music is optional. **FLOOR SIZE:** 8m x 10m approx.

Rolls and handstands can have optional entry and exit e.g. straddle or tuck to handstand, backward roll to front support etc.

Flicks and handsprings carry a 0.2 bonus if performed with no major deductions.

Back somersaults / Round-off back somersaults carry a 0.3 bonus if performed with no major deductions

Front somersault carry a 0.4 bonus if performed with no major deductions

Free cartwheels / straight back somersaults carry a 0.5 bonus if performed with no major deductions

Girls - The moves are to be linked using dance steps etc to make a flowing routine covering as much of the floor as possible.

Boys – dance steps not necessary but moves should still be linked.

Points will be deducted for adjusting your hair or clothing.

TARIFFS

Marked out of 10. Comprising

5.00 - Content (0.5 for each move)

3.00 - Execution

2.00 – Bonus – 1.6 for specified moves, 0.4 for overall performance virtuosity

VAULT –

One of the following to be performed on the horse/box broadways:

Squat on straight jump off Tariff 8.00

Squat through " 9.00

Straddle over " 9.00

Handspring " 10.00

Two attempts are allowed. Highest score only is recorded.