

The **SPRINGFIT** Invitational

FLOOR & VAULT GYMNASTICS COMPETITION

RESULTS

Sunday 15th November 2015

Oakwood Sports Centre, Horley

Grades 1-2 Competition commences 2:00pm

GRADES 1-5 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 10 elements consisting of forward, backward & sideways moves, jumps & balances. TIME LIMIT is 1½ minutes. Music is optional. FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 10. Comprising:

5.00 - Content (0.5 for each move)

3.00 - Execution

2.00 – Bonus – 1.0 for performing minimum of 10 specified moves,

1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

Girls - Moves are to be linked using dance steps etc to make a flowing routine covering as much of the floor as possible. Boys – dance steps not necessary but moves should still be linked.

Points will be deducted for adjusting your hair or clothing.

VAULT –

One of the following to be performed on the horse/box broadways:

Squat on straight jump off Tariff 8.00

Squat through " 9.00

Straddle over " 9.00

Handspring " 10.00

Handspring half off " 11.00

Handspring full off " 12.00

Vaulting box heights:

Grades 1 to 3 (born 2008 and later) - 3 HIGH (75cm)

Grades 1 to 3 (born 2007 and earlier) and

Grades 4 to 6 (born 2008 and later) - 4 HIGH (100cm)

Grades 4 to 6 (born 2007 and earlier) - full 125cm high.

Two attempts are allowed. Highest score only is recorded.

Name	Club	DOB	2:00pm	2:45pm		
<u>Grade 1</u>	(D.O.B 2005 - 2008)		Floor 1	Vault	Total	
Ryan James Williams	Springfit	2005	5.75	6.20	11.95	
Madison David	Springfit	2008	6.65	6.90	13.55	2nd
Niamh Lesova	Springfit	2008	5.70	6.90	12.60	=3rd
Lottie Cairns	H.Vaultage	2008				
Omar Ceesay	Springfit	2008	5.20	7.40	12.60	=3rd
Ellie Blackstock	Springfit	2008	6.50	7.10	13.60	1st

<u>Grade 1</u>	(D.O.B 2009 - 2010)		Floor 1	Vault	Total	
Charlotte Holopainen	Springfit	2009				
Callie Goodbourn	Springfit	2009	5.60	6.90	12.50	1st
Jennifer Joyce	Springfit	2009	4.55	6.40	10.95	
Grace Read	Springfit	2009	5.00	6.70	11.70	3rd
Jasmin Byrne	Springfit	2009	5.60	6.70	12.30	2nd
Ella Russell	Springfit	2010	4.95	6.30	11.25	

<u>Grade 2</u>	(D.O.B 2004 - 2006)		Vault	Floor 2	Total	
Isabelle Knowles	Springfit	2005	8.10	8.00	16.10	2nd
Sophia English	Springfit	2006	7.90	7.50	15.40	
Gracie Amon	H.Vaultage	2006	8.20	8.40	16.60	1st
Brooke Lawrence-Hill	Springfit	2006	7.90	7.45	15.35	
Lauren Pole	Pointers	2004	6.50	7.15	13.65	
Rosie Cornwell	Pointers	2005	6.80	7.80	14.60	
Elise Alleyne	Springfit	2004	7.60	8.00	15.60	3rd
Alana Paul	Pointers	2006	6.80	7.55	14.35	
Abbie Winton	Springfit	2006	6.50	6.75	13.25	

Name	Club	DOB	2:00pm	2:45pm		
<u>Grade 2</u>	(D.O.B 2007)		Vault	Floor 1	Total	
Katie Adams	Springfit	2007	8.20	4.65	12.85	
Eloise Murphy	Springfit	2007	8.10	7.00	15.10	2nd
Charlotte Dunn	Pointers	2007	7.30	6.20	13.50	
Anna McWilliams	Springfit	2007	8.10	6.05	14.15	
Sienna Excell	Springfit	2007	8.00	6.10	14.10	
Mia Glendenning	Springfit	2007	7.60	6.55	14.15	
Ella Wood	Springfit	2007	8.30	5.70	14.00	
Renee Thomas	Pointers	2007	8.20	5.50	13.70	
Estée Norman	Anti-Gravity	2007	6.50	6.55	13.05	
Livi Rogers	H.Vaultage	2007	8.90	6.25	15.15	1st
Pepper Jessop	H.Vaultage	2007	8.20	6.85	15.05	3rd
Georgia Lavine	Pointers	2007	7.80	5.90	13.70	

<u>Grade 2</u>	(D.O.B 2008)		Floor 2	Vault	Total	
Lily Steele	Pointers	2008	7.20	8.30	15.50	3rd
Ruth D'urban jackson	Springfit	2008	8.40	6.90	15.30	
Millie Basset	Springfit	2008	7.25	7.20	14.45	
Jamie Ives	Springfit	2008	8.15	7.30	15.45	
Abbey Pole	Pointers	2008	7.65	6.70	14.35	
Sofia Holm	Springfit	2008	8.20	6.90	15.10	
Ruby Charlton	Pointers	2008	8.85	8.10	16.95	1st
Chloe Forward	Springfit	2008	8.75	7.90	16.65	2nd
Poppy Holding	Pointers	2008	7.45	8.00	15.45	
Sophie Day	Springfit	2008	8.20	6.70	14.90	
Erin Jenkins	Springfit	2008	6.75	7.90	14.65	
Kirsten Goodbourn	Springfit	2008	7.35	7.70	15.05	

<u>Grade 2</u>	(D.O.B 2009)		Floor 1	Vault	Total	
Madeline Marola	Anti-Gravity	2009	5.25	8.10	13.35	3rd
Francesca Dunn	Pointers	2009	5.50	7.10	12.60	
Kiera Bruce	Springfit	2009	6.70	7.30	14.00	1st
Jasmine Cooper	Springfit	2009	6.45	6.80	13.25	
Robyn Lewis	Springfit	2009	5.40	6.30	11.70	
Ruby-May Udy	H.Vaultage	2009	6.75	7.20	13.95	2nd

In categories with less than 5 competitors, there may be fewer podium placings for fairness and a minimum score of 13 must be achieved to earn a winners medal.

Full results will be made available on www.springfit.org/competitions/results following the event.

The **SPRINGFIT** Invitational

FLOOR & VAULT GYMNASTICS COMPETITION RESULTS

Sunday 15th November 2015

Oakwood Sports Centre, Horley

Grades 3-6 Competition commences 4:30pm

GRADES 1-5 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 10 elements consisting of forward, backward & sideways moves, jumps & balances. TIME LIMIT is 1½ minutes. Music is optional FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 10. Comprising:

5.00 - Content (0.5 for each move)

3.00 - Execution

2.00 – Bonus – 1.0 for performing minimum of 10 specified moves,

1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

GRADE 6 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 15 elements consisting of forward, backward & sideways moves, jumps & balances. TIME LIMIT is 2 minutes. Music is optional FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 15. Comprising:

7.50 - Content (0.5 for each move)

4.50 - Execution

3.00 – Bonus – 1.0 for performing minimum of 15 specified moves, 0.5 for linking 3 jumps/leaps & 0.5 for linking 3 tumblers, 1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

You can repeat round-offs and backflips (they count as one of your 15 moves)

You must link 3 jumps/leaps, must link 3 tumble moves, and must do moves 1 to 5

Girls - The moves are to be linked using dance steps etc to make a flowing routine covering as much of the floor as possible. Boys – dance steps not necessary but moves should still be linked.

Points will be deducted for adjusting your hair or clothing.

VAULT –

One of the following to be performed on the horse/box broadways:

Squat on straight jump off Tariff 8.00

Squat through " 9.00

Straddle over " 9.00

Handspring " 10.00

Handspring half off " 11.00

Handspring full off " 12.00

Vaulting box heights:

Grades 1 to 3 (born 2008 and later) - 3 HIGH (75cm)

Grades 1 to 3 (born 2007 and earlier) and

Grades 4 to 6 (born 2008 and later) - 4 HIGH (100cm)

Grades 4 to 6 (born 2007 and earlier) - full 125cm high.

Two attempts are allowed. Highest score only is recorded.

Name	Club	DOB	4:30pm	5:00pm		
<u>Grade 3</u>	(D.O.B 2001 - 2005)		Floor 1	Vault	Total	
Maya Rogers	Springfit	2005	7.75	8.20	15.95	
Jazmine Hogan	Springfit	2005	8.30	8.30	16.60	
Natasha Pyke	Pointers	2001	6.50	8.00	14.50	
Chloe Tuvey	H.Vaultage	2005	8.00	8.90	16.90	2nd
Sammy Scott-Browne	Springfit	2003	8.50	8.10	16.60	
Ella Kola	Springfit	2003	8.10	8.00	16.10	
Amy Powell	Flair	2004	8.00	8.00	16.00	
Becky Barker	Pointers	2001	8.30	8.80	17.10	1st
Katie Turner	Pointers	2005	8.55	8.20	16.75	3rd
Gracie Graham-Cook	Pointers	2004	6.80	7.30	14.10	
Mica Harris	Springfit	2004	7.65	8.00	15.65	

<u>Grade 3</u>	(D.O.B 2006 - 2008)		Vault	Floor 1	Total	
Olivia Gleason-James	Springfit	2007	7.80	8.15	15.95	
Annabelle Bowman	Pointers	2006	8.20	8.65	16.85	=2nd
Amelie Allgate	Pointers	2007	8.20	8.45	16.65	=3rd
Isabella Kent	Pointers	2007	7.90	7.15	15.05	
Caitlin McTighe	Pointers	2006	8.30	9.15	17.45	1st
Thalia Zissman	Flair	2006	8.00	7.60	15.60	
Cora Malone	Pointers	2006	8.30	8.35	16.65	=3rd
Ellie Oliver	Pointers	2006	8.10	8.55	16.65	=3rd
Sophie Maynard	Pointers	2006	8.00	8.60	16.60	
Lucy Kozousek	Anti-Gravity	2007	8.10	8.75	16.85	=2nd
Sophie Alston	Pointers	2008	8.00	8.30	16.30	
Georgie Davis	Springfit	2007	7.90	7.20	15.10	

<u>Grade 4</u>			Vault	Floor 2	Total	
Eloise North	Pointers	2006	8.50	7.35	15.85	1st
Katharine Bailey	Springfit	2003	8.00	6.95	14.95	3rd
Boe Williams	H.Vaultage	2004	8.10	6.35	14.45	
Rosie Merritt	Pointers	2005	8.70	6.95	15.65	2nd
Emily Ostler	Pointers	2004	8.10	6.60	14.70	
Olivia Gordon	Flair	2003	8.40	5.90	14.30	
Joy Udueni	Flair	2008	8.10	5.15	13.25	
Sophia Wiid	Springfit	2005	7.90	6.60	14.50	
Chloe Gibney	Flair	2004	8.50	6.15	14.65	

Name Club DOB 4:30pm 5:00pm

Grade 5

			Floor 2	Vault	Total	
Katie Vaughan	Springfit	2004	6.20	8.10	14.30	
Katie Rogers	Pointers	2002	7.00	8.10	15.10	2nd
Hannah Bagley	H.Vaultage	2000	7.00	8.90	15.90	1st
Megan Spring	Flair	2004	6.05	8.00	14.05	
Lois Clark	H.Vaultage	2004	6.10	8.80	14.90	3rd

Grade 6

			Floor 2	Vault	Total	
Ruby Charlesworth	Springfit	2003	10.40	9.90	20.30	2nd
Sophie Hayes	H.Vaultage	2005	10.20	8.80	19.00	
Zara Flint	H.Vaultage	2000	11.60	9.10	20.70	1st
Francesca Bagley	H.Vaultage	1998	10.45	8.90	19.35	3rd

In categories with less than 5 competitors, there may be fewer podium placings for fairness and a minimum score of 13 (16 for grade 6) must be achieved to earn a winners medal.

Full results will be made available on www.springfit.org/competitions/results following the event.