

TRAMPETTE GRADES

Grade 1

- Straight Jump
- Tuck Jump
- Straddle Jump
- Pike Jump

Grade 2

- Straddle Jump
- Pike Jump
- Half Turn Jump
- Full Turn Jump

Grade 3

- Half Turn Jump
- Full Turn jump
- Dive Forward Roll
- Front Somersault (tucked)

Grade 4

- Dive Forward Roll
- Front Somersault (tucked)
- Front Somersault (piked)
- Barani (tucked)

Grade 5

- Front Somersault (piked)
- Barani (tucked)
- Barani (piked)
- Full twisting front somersault (straight)