



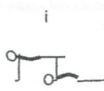









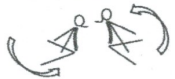











Grade 1 Pairs			
	1	2	3
A		i  ii 	
B	i  ii 	i  ii 	i  ii 
C	i  ii  counterbalance	 counterbalance	
D	 teddy bear roll		
E			
Flex	 Straddle sit	 Japana	Pike fold
Stand	 Front support 2"	 Back support 2"	i Straddle sit with leg lift 2" ii Tuck sit 2"
Agility / Tumble	i Forward roll to straddle sit ii Forward roll straight jump	i Forward roll to stand ii Backward roll straight jump	i Backward roll to straddle stand ii Forward roll 180° jump