

Grade 2 Group			
	1	2	3
A	 Counterbalance	i ii	i ii
B	i ii	i ii	i ii
C	i ii	i ii	i ii
D			
E	i ii	 Front or back	 Front or back
Flex	Pike fold	 Bridge	 Bridge with one foot on the floor
Stand	i Straddle sit with leg lift 2" ii Tuck sit 2"	i Shoulder stand 2" ii "V" sit 2"	Any one foot stand held for 2"
Agility / Tumble	i Backward roll to straddle stand ii Forward roll 180° jump	i Forward roll to straddle stand ii Backward roll to stand iii Cartwheel chase cartwheel	i Backward roll with straight legs to stand ii Forward roll straddle through to lie on front iii Forward roll jump to 1 leg cartwheel